SET OF 3 HEAVY DUTY RESISTANCE BAND LOOP POWER GYM FITNESS EXERCISE YOGA WORKOUT

SET OF 3 Body Building Resistance Band for Crossfit Exercise Weight Lifting Abs Workout

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SET OF 3 Heavy Duty Power Exercise Resistance Bands FITNESS GYM WORKOUT YOGA

**Description:**

The resistance band is ideal for group exercises classes, strength and flexibility training, general fitness or workout and rehabilitation therapy

Circumference: Approx. 24 inch / 61cm

Belt wide: Approx. 0.5 inch / 1.27cm

Thickness: Approx. 0.17 inch / 4.5mm

Resistance value: Approx. 10-25lbs

Material: 100% Natural Latex

Color: Red,Purple,Green

**Package Includes:**

3 x Resistance band